

2022 Brighton High School Cross Country Schedule Check us out at www.bulldogdistance.com

Season Dates: [REGULAR SEASON Aug 9 - Oct 16] [CHAMPIONSHIP SEASON Oct 18 - Oct 31]

Practices: Tue-Fri 5:00pm - 7:00pm @ Benedict Park & Mon Sat 7:00am - 9:30am TBA (Trail Run Mondays when we can)

(Red BHS Host)

Date	Day	EVENT or XC MEET	Place	Time Report/Race	School Release/Bus Depart
Summer	Mon-Thu	Pre-Season Practices	Benedict Park	7:15am	NA
Jul 29th	Friday	ALL FALL SPORTS MUST BE REGISTERED!			
Aug 8	Monday	First Day Official Practice	Benedict Park	4:45pm	
Aug 12-14	Fri -Sun	XC Camp	Standley Lake	After School to Sun Morn	NA-provide own transportation
Aug 15	Monday	Spike Night w/Trail Run in Golden	Runner's Roost Golden	5pm	NA-provide own transportation
Aug 18	Thursday	Jack n' Jill XC Relays	Barr Lake	3:00 / 5:30	2:30pm / NA-provide own transportation
Aug 19-20	Fri-Sat	Captain's Choice Practices	TBD by Captains		
Aug 27	Friday	Horizon Invite	Thornton Rec Center	TBA	Bus DROP ONLY– Parents pick up from meet
Sept 3	Saturday	Pioneers Donkey Classic	Great Mtn Adventure Park Cripple Creek		TBA
Sept 10	Saturday	Centaurus Invite	Waneka Park Lafayette	9:00	NA-provide own transportation
Sep 17	Saturday	Mercury Alumni Classic& Citizen Race	Adams Fairgrounds	7:00	NA-provide own transportation
Sept 24	Saturday	Middle Park Snow Mountain Ranch	Tabernash 2 OVERNIGHT	TBA	Possible Drop on Friday–Parents pick up
Sept 30	Friday	Loveland Sweetheart	North Lake Park Loveland	1pm	10:40 Release / 11:00am Bus
Oct 7	Thursday	FrontRange League Championship	Northglenn Open Space	TBA	Bus DROP ONLY
Oct 12	Wednesday	Hawk JV Championship (all non-regional participants)	Adams Cty Fairgrounds		Bus DROP
Oct 21	Thursday	REGIONALS (Top Ten)		2pm/3pm	11:30/11:45
Oct 29	Saturday	State Meet	Penrose, Colorado Springs	TBA	
Nov 19	Saturday	**Nike Cross Regional Championships AZ	3 day trip OPTIONAL		

**The Nike Cross Regional Championship is in Arizona and is an OPTIONAL AFTER SEASON TRIP. Please check out <http://nxrsw.runnerspace.com/> The Trip entails cost of travel, lodging, food and the race entry (appx: \$400).

Head Coach: Karen Smidt 303-655-4209 (school) or 303-621-4540 (cell)

Assistant Coach: Aby Smidt-Krage 303-906-6159 (cell)

Athletic Office: 303-655-4152

Athletic Secretary: Stephanie Carpenter 303-655-4155

Athletic Director: David Smith 303-655-4152

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Parents! please consider signing up to host a dinner: Sign up via Sign UP Genius on our website under "Forms"

Spaghetti Dinner Dates: (Dinners occur during practice time & practice will be run at a park near the host's house)

Wednesday, Aug 17 @ Barr Lake State Park– Pizza after course set up

Thursday, Aug 26 @

Friday, Sep 2 @

Friday, Sep 9 @

Friday, Sep 16 @ Adams County Fairgrounds– Pizza after course set up & before Football Game

Friday, Sep 23 @ Snow Mountain (will be at Snow Mtn)

Thursday, Sep 29 @

Thursday, Oct 6 @

Tuesday Oct 11 @

Wednesday, Oct 20 @