

2023 Brighton High School Cross Country Schedule Check us out at www.bulldogdistance.com

Season Dates: [REGULAR SEASON Aug 7 - Oct 6] [CHAMPIONSHIP SEASON Oct 7 - Oct 28]

Practices: Tue-Fri 4:50pm - 7:00pm @ Benedict Park & Mon 7:15am - TBA (Trail Run Mondays when we can)

(Red BHS Host)

Date	Day	EVENT or XC MEET	Place	Time Report/Race	School Release/Bus Depart
Summer	Mon-Thu	Pre-Season Practices	Benedict Park	7:30am	NA
Jul 27	Thursday	<u>Sundown XC</u>	Aurora Sports Park	9:15PM / 10PM	NA
Jul 28	Friday	ALL FALL SPORTS MUST BE REGISTERED! https://brightonbulldogs-ar.rschooltoday.com/[viewmyaccount]			
Aug 7	Monday	First Day Official Practice	BHS Track Southwest Gate	4:50pm	
Aug 18	Friday	Jack n' Jill XC Relays	Barr Lake	3:00 / 5:30	Carpool
Aug 24	Thursday	Demon Invite	Arvada North Area Athletic Complex		
Aug 28	Monday	Spike Night w/Trail Run in Golden	Runner's Roost Golden	5pm	Carpool
Sep 1	Friday	Lightning XC Invite	Broomfield County Commons		
Sep 7	Thursday	Mercury Alumni Classic& Citizen Race	Adams Fairgrounds		Carpool
Sep 16	Saturday	Road Runner Invite	Washington Park		No Bus
Sep 22	Friday	Dave Sanders	Clement Park		
Sep 29	Friday	Loveland Sweetheart	North Lake Park Loveland	1pm	10:40 Release/11:00am Bus
Oct 6	Friday	FrontRange League Championship	Northglenn Open Space	JVB4/JVG4:30/VB5/VG5:30	Bus DROP ONLY –Parents pick up
Oct 11	Wednesday	Hawk JV Championship (all non-regional participants)	Margaret Carpenter		Bus DROP ONLY –Parents pick up
Oct 19	Thursday	REGIONALS (Top 9 compete + 2 alt)	??		
Oct 28	Saturday	State Meet	Penrose, Colorado Springs	TBA	
Nov 18	Saturday	**Nike Cross Regional Championships	Mesa AZ	3 day trip OPTIONAL	

**The Nike Cross Regional Championship is in Arizona and is an OPTIONAL AFTER SEASON TRIP. Please check out <http://nrxsw.runnerspace.com/> The Trip entails cost of travel, lodging, food and the race entry (appx: \$400).

Head Coach: Karen Smidt 303-655-4209 (school) or 303-621-4540 (cell) ksmidt@sd27j.net
 Assistant Coach: Aby Smidt-Krage 303-906-6594 (cell) abysmidt@gmail.com
 Athletic Office: 303-655-4152 Athletic Secretary: Brooke Milinazzo 303-655-4155 bmilinazzo@sd27j.net
 Athletic Director: David Smith 303-655-4152 dsmith@sd27j.net

Parents! please consider signing up to host a dinner: Sign up via Sign UP Genius on our website under "Forms"

Spaghetti Dinner Dates: (Dinners occur during practice time & practice will be run at a park near the host's house OR as posted)

Thursday, Aug 17 @ Barr Lake State Park– Pizza after course set up

Wednesday, Aug 23 @

Thursday, Aug 31 @

Wednesday, Sep 6 @ Adams County Fairgrounds– Pizza after course set up & before Football Game

Friday, Sep 15 @

Thursday, Sep 21 @

Thursday, Sep 28 @

Thursday, Oct 5 @

Tuesday Oct 10 @

Wednesday, Oct 18 @