

Upcoming Meet Information for **Thursday, 8/24:**

Demon Invite @ Jeffco's North Area Athletic Complex

19500 W 64th Parkway, Arvada 80403

If your parents need meet information, refer to our website www.bulldogdistance.com and look under "Pre-Meet Info"

Coach Smidt 303-621-4540

Where: [Jeffco's North Area Athletic Complex](#)

PARENTS!! Enter off of 64th Ave by the Track. Our team tent & start line will be east of the soccer field.

When: [Thursday, August 24](#) **RELEASE FROM CLASS: 1:25** **BUS DEPARTS: 1:45**

BUS Pick-Up from Race Site: 5:30pm

Race Schedule (please note that this schedule is **TENTATIVE!** Race directors sometimes change the order of races):
All Eligible Athletes are competing!

Coaches Meeting	3:45 pm
Boy's Race	4:00 pm
Girl's Race	4:40 pm
Awards:	immediately after girl's race

Spaghetti Dinner Wednesday @ [Traven's residence](#) **Check the REMIND for his address.**
Warm-Ups will be at the Rec Center. Parents can pick up from Traven's house between 7:00pm - 7:30pm.

Wed 8/23 Demon Invite Spaghetti Dinner @ Traven's				
Spaghetti Noodles	Salad Bag OR Croutons	Sauce Jar	Dessert for 6 OR loaf French Bread	Drinks
Seth	Alex	Talon	Makayla	Smidt
Carter	Josh	Carson	Maddy	
Dylan	Jackson	Claire	Alyssa	
Traven	Bijou	Amy	Ashley	

If there is an "OR" please talk to your group to split the responsibility.
If you're bringing noodles or sauce, please pass them along to Bijou at the dinner to use next week.