### Upcoming Meet Information for Thursday, October 20, 2022

# **REGIONAL Championships @Margaret Carpenter Park**

If your parents need meet information, refer to our website www.bulldogdistance.com and look under "Pre-Meet Info"

### Coach Smidt 303-621-4540 Coach Aby 303-906-6594

REPORT to RACE: 1:45 RELEASE FROM CLASS: 1:00pm DEPART by 1:15pm. NO BUS (Smidt will transport athletes needing a ride).

DINNER @Cinzettis after Race—we have a reservation at 5:10 for the athletes. Parents who want to eat after the race should expect to make reservations to ensure a spot.

Where: Margaret Carpenter Rec Center 11151 Colorado Blvd, Thornton, CO 80233. Park in lot SOUTH of Rec Center-Colorado & 108th (closest to Bus Drop off). Team Tent will be set up in the southwest corner of the field, between Mile 1 & Start.

**Course:** SUPER Flat. Surface consists of dirt & grass w/ some concrete

**Race Map:** Next page Participating athletes:

Connor, Cody, Ethan, Traven, Seth, Abraham, JoJo, Jack

Claire, Elizabeth, Brooklyn, Nylah, Amanda, Amy, Maddy, Jazzy, Katelyn ALT: Zia & Lydiah

#### **Race Schedule**

- 1:45pm Report to Race
- 2:30pm Coaches Mtg
- 3:00pm Boys Race
- 3:45pm Girls Race
- 4:30pm Awards at Amphitheater
- 5:00pm Dinner @Cinzetti's 281 W 104th Ave, Northglenn. Coach will pay \$10 toward each athlete's meal—athletes will be responsible for the remainder. Cash will be easiest!!

# Pre-Meet Spaghetti Dinner @ Claire's 5228 Nighthawk Pkwy Bri

Last Name A-E 4 SMALL bags Salad

Last Name F-L Dessert

Last Name M-P Pack of 50 solo cups

Last Name R-Y French Bread



