

Coaches/Athletic Directors,

Below is the meet information for our EMAC races this week that will be held at the Arapahoe County Fairgrounds

**Address:** 25690 E Quincy Ave, Aurora, CO 80016.

**Host:** Vista Peak Preparatory

**Teams competing:** Brighton, Hinkley, Prairie View, Vista Peak, Elizabeth, Aurora Central (V only)

**Coaches meeting:** 4:30pm

**START TIMES: 8/27/20--JV Races**

5:00pm	JV Girls-Wave 1	5 girls from each team
5:35pm	JV Boys-Wave 1	5 boys from each team
6:05pm	JV Girls-Wave 2	5 girls from each team
6:40pm	JV Boys-Wave 2	5 girls from each team

**START TIMES: 8/28/20--Varsity Races**

5:00pm	V Girls-Wave 1	4 girls from each team
5:30pm	V Boys-Wave 1	4 boys from each team
6:00pm	V Girls-Wave 2	4 girls from each team
6:30pm	V Boys-Wave 2	4 boys from each team

**Registration:** Register your athletes according to which race they will be running by clicking this [LINK](#). There is a tab at the bottom for JV registration and a separate tab for Varsity registration. *(If some teams don't need all their registration spaces we might be able to let other schools add more athletes to a certain race. We will send out an e-mail to all coaches if this is possible).*

- We will print this document for scoring and also use this document to assign bib numbers, **so please complete registration no later than noon on Wednesday (8/26)**
- Place your athletes according to the wave they will be in (Wave 2 will be the faster of the waves)

**Scoring:** Scoring will be manual. We will be assigning each athlete a bib number before the race, so please ensure each athlete is wearing his/her specific bib number during the race. We will record a place and time for each athlete as they cross the finish line and will match the athlete to his/her bib number. We will combine the results of Wave 1 and Wave 2 after each gender group has completed the race to get final places. As a back-up we are asking one coach from each team to be at the finish line to record your athlete's finishing times.

**\*\*Due to COVID restrictions we will not have any individual or team place announcements after the meet, but we will e-mail results of both races to all coaches on Saturday.**

**Course Map:** [https://drive.google.com/file/d/1ZcuzW5alQhkik0xC-f06y9AePKBc6MV\\_/view](https://drive.google.com/file/d/1ZcuzW5alQhkik0xC-f06y9AePKBc6MV_/view)

The course is a bit hilly, primarily gravel paths, and there is no shade.

**Box Assignments:** We will assign boxes on race day.

**Refreshments:** The KONA ice truck will be at both the JV and Varsity races if your athletes / families would like to purchase a refreshing shaved ice treat! Prices range from \$3-\$5. (It looks like both days are going to be HOT!!)



**COVID safety measures: PLEASE READ THOROUGHLY**

- All spectators / volunteers attending the races need to check in at the check-in table at the end of the field closest to the windmill. This check-in is required by Arapahoe County Fairgrounds and will include scanning a QR code and entering a name and phone number in case contact tracing is needed.
- Coaches must have this [CHSAA covid symptom tracker](#) filled out and turned in to a VPP coach for all athletes and all coaches before the start of the 5pm race each day. If your team has a different COVID-19 screening method that is fine and a coach just needs to fill out the bottom box in red on this sheet to ensure a COVID-19 screening was completed on race day.
- There will be no water sharing or water provided at the shoot.
- Per APS guidelines, there will be no spectators near the start or finish lines. Anyone around other parts of the course must wear a mask and social distance.
- Athletes must wear masks at all times-including at the start line. When the race starts, athletes may remove masks, but must put them back on after the race (per our official). Please be sure your athletes are warming up and leaving the finish shoot socially distanced.

Please let us know if you have any questions or if we have missed sharing any necessary information for our races. We plan to have the course marked by 3:30 on Thursday. A Vista Peak coach or volunteer will be at the check-in table with copies of course maps, the covid symptom tracker and trash bags if needed.

We are looking forward to seeing everyone on Thursday!

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